



# Horticultural THERAPY

**A.G. Rhodes**  
COMMUNITY · WELLNESS · CARE



Directed by a Registered Horticultural Therapist to achieve specific, documented treatment goals.



Conducted in individual and group settings, and at bedside.



Climate-controlled greenhouses and accessible gardening spaces at all three A.G. Rhodes communities.



Co-treatment occurs regularly with physical, occupational and speech therapies.

## Benefits of Horticultural Therapy



IMPROVES STRENGTH,  
BALANCE AND  
COORDINATION



SUPPORTS RECOVERY  
AND REHABILITATION



ENHANCES FINE MOTOR  
SKILLS



SUPPORTS COGNITIVE  
FUNCTION AND MEMORY



REDUCES FEELINGS OF  
STRESS, ANXIETY, ISOLATION  
AND DEPRESSION



STIMULATES SENSES



ENCOURAGES SOCIAL  
CONNECTION



PROVIDES MEANINGFUL  
OPPORTUNITIES FOR NEW  
OR RENEWED INTERESTS



CONNECTS PEOPLE WITH  
NATURE

## Rooted in Our Nonprofit Mission

At A.G. Rhodes, our nonprofit mission allows us to invest in innovative programs that enrich the lives of those we serve—including horticultural therapy, music therapy, intergenerational programming and more. Since 1904, we've been a trusted resource for older adults in metro Atlanta, providing expert, compassionate care while continually seeking new ways to enhance healing and quality of life.



## Learn More

Visit [agrhodes.org/horticulturaltherapy](http://agrhodes.org/horticulturaltherapy) or scan the QR code below to learn more about our Horticultural Therapy program. Have questions? Contact our Director of Horticultural Therapy, Kirk Hines, HTR, at [HT@agrhodes.org](mailto:HT@agrhodes.org).



A.G. Rhodes operates three communities in Fulton, Cobb and DeKalb counties. Visit [agrhodes.org](http://agrhodes.org) or call 800-357-2980 to learn more.