



Music THERAPY

A.G. Rhødes
COMMUNITY · WELLNESS · CARE



Directed by a Certified Music Therapist to achieve specific, documented treatment goals.



Conducted in individual and group settings, and at bedside.



Favorite songs accessible anytime on personal music devices.



Co-treatment occurs regularly with physical, occupational and speech therapies.

Benefits of Music Therapy

-  STIMULATES THE BRAIN AND HELPS PEOPLE RECALL MEMORIES
-  IMPROVES SPEECH, MOTOR SKILLS AND BALANCE
-  SUPPORTS RECOVERY AND REHABILITATION
-  SUPPORTS COGNITIVE FUNCTION AND MEMORY
-  REDUCES FEELINGS OF STRESS, ANXIETY, ISOLATION AND DEPRESSION
-  IMPROVES RESPIRATORY FUNCTION
-  ENCOURAGES SOCIAL CONNECTION
-  INCREASES CARDIOVASCULAR STRENGTH
-  CREATES OPPORTUNITIES TO COMMUNICATE

The Nonprofit Difference in Every Note

At A.G. Rhodes, our nonprofit mission allows us to invest in innovative programs that enrich the lives of those we serve—including music therapy, horticultural therapy, intergenerational programming and more. Since 1904, we've been a trusted resource for older adults in metro Atlanta, providing expert, compassionate care while continually seeking new ways to enhance healing and quality of life.



Learn More

Scan the QR code or visit agrhodes.org/musictherapy to learn more about our Music Therapy program.



Have questions?

Contact our Director of Music Therapy, John Abel, MPH, LPMT, MT-BC, at MT@agrhodes.org.



A.G. Rhodes operates three communities in Fulton, Cobb and DeKalb counties. Visit agrhodes.org or call 800-357-2980 to learn more.